

# **Crisis Intervention Stress Management (CISM) Peer and Group Combined Course**

(ICISF Registered Program)

Crisis interventions are done either individually (one-on-one) or in groups. This program is designed to teach participants the fundamentals of, and a specific protocol for, individual and group interventions.

Crisis intervention is NOT psychotherapy; rather it is a specialized acute emergency behavioral health intervention which requires specialized training. As physical first-aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called "emotional first-aid." In addition, this 3 day, 27 hour, training program is designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum.

The course prepares participants to understand a wide range of crisis intervention services including pre and post incident crisis education, significant other support services, on-scene support services, crisis intervention for individuals, demobilizations after large scale traumatic incidents, small group defusings and the group intervention known as Critical Incident Stress Debriefing (CISD). The need for appropriate follow up services and referrals when necessary is also described.

**Target Audience:** Law Enforcement, EMS/Fire, Healthcare workers, Military, Clergy, Dispatchers and Business/Industrial personnel. Mental Health professionals, who desire to increase their knowledge of CISM crisis intervention and response techniques.

**Dates:** January 11, 12 & 13, 2010

**Class Times:** 8:00 a.m. - 6:00 p.m.

**Location:** Pasco-Hernando Community College  
36727 Blanton Road  
Building E  
Dade City, FL 33523

**Online Registration Required:** [www.CorporateCrisis.net](http://www.CorporateCrisis.net)

This 3-day course combines ALL of the content of ICISF's Individual Crisis Intervention and Peer Support & Group Crisis Intervention courses.

**Only those attending all hours of class will be issued certificates.**

**Please plan travel accordingly.**

Completion of "Individual Crisis Intervention and Peer Support" & "Group Crisis Intervention" and receipt of a certificate indicating full attendance (27 Contact Hours) qualifies as two CORE classes in ICISF's.

Sponsored by:

**Pasco County Sheriff's Office**